

Bariatric Surgery Initial Evaluation Form

Please complete form accurately to avoid delay in insurance pre-authorization or delivery of care.

I. DEMOGRAPHIC INFORMATION:

Name: _____ Name you like us to call you: _____
 Date of Birth ___/___/___ Age ___ Present Weight ___ Height ___ Telephone: Cell ___ Work ___
 Address: _____ Email: _____
 Primary care physician: _____ Ob/Gyn (if applicable) _____
 Other physicians currently providing care and their specialty: _____

II. DIETARY HISTORY:

A. Weight History: At what age did you develop a weight problem? _____ Highest Adult weight _____
 Number of years at current approximate weight: _____ Highest weight you ever lost by any method: _____

B. Exercise History: Do you exercise regularly? Yes No If yes, how frequently? ___ times/week
 What level of day-to-day activity best describes you: Sedentary Minimally Active
 Moderately Active Very Active

Have you ever tried to lose weight through exercise? Yes No Please record your experience below:

| Exercise Program | Year | Length of Time on program | Pounds Lost | Pounds Regained |
|------------------|------|---------------------------|-------------|-----------------|
| Health Club | | | | |
| Walking | | | | |
| Other | | | | |

C. Behavioral Modification History

Have you ever received Behavioral Modification therapy for weight loss? Yes No
 If yes, describe treatment _____

D. Medical Weight loss History

Have you ever received medication from a physician to loose weight? Yes No
 If yes, please describe treatment _____

C. Dietary History: Please choose eating habits that best describe you (check all that apply):

- Large Portion Size Frequent Snacks Eating sweets Eating Out a Lot Skip Meals
 Compulsive Eating Emotional eating Eat late at night Read Food labels Watch Calories

Please record below any diet that you have tried in your life of any duration

| Type of Diet | Year | Duration | Pounds Lost | Pounds Regained |
|--------------|------|----------|-------------|-----------------|
| | | | | |
| | | | | |
| | | | | |

III. MEDICAL HISTORY (check all that apply)

Have you ever been diagnosed with any of the following conditions commonly associated with obesity?

- | | | | |
|--------------------------------|--|-----------------------------|--|
| High Blood Pressure | <input type="checkbox"/> Yes <input type="checkbox"/> No | Lower back pain | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| High Cholesterol/lipids | <input type="checkbox"/> Yes <input type="checkbox"/> No | Urinary Stress Incontinence | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Diabetes Mellitus | <input type="checkbox"/> Yes <input type="checkbox"/> No | Fatty Liver | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Sleep Apnea | <input type="checkbox"/> Yes <input type="checkbox"/> No | Gall Stones | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Reflux Disease (Heartburn) | <input type="checkbox"/> Yes <input type="checkbox"/> No | Pseudo tumor Cerebri | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Osteoarthritis (joints: _____) | <input type="checkbox"/> Yes <input type="checkbox"/> No | Plantar Fasciitis | <input type="checkbox"/> Yes <input type="checkbox"/> No |

Please indicate if you have ever been diagnosed with any of the other conditions listed below:

Cardiac

- Coronary Artery Disease
- Heart Attack
- Angina (Chest Pain)
- Congestive Heart Failure
- Arrhythmia (Irregular Heart Beat)
- Heart Valve Disease
- Other _____

Endocrine

- Hypothyroid
- Adrenal (Cushings)
- Other _____

Pulmonary

- COPD (Emphysema/Bronchitis)
- Asthma
- Loud Snoring
- Gasping for Breath at Night
- Other _____

Gastrointestinal

- Inflammatory Bowel Disease (Crohn's, Ulcerative Colitis)
- Hiatal Hernia
- Peptic Ulcer Disease
- Cirrhosis of Liver
- Other _____

Renal

- Kidney Stones
- Other _____

Psychological & Psychiatric Disorders

- Depression
- Anxiety
- Bipolar Depression
- Schizophrenia
- Other _____
- Were you ever hospitalized for a psychiatric condition? Yes No Year admitted _____

Blood Disorders

- Anemia
- Bleeding or clotting problems
- Other _____

Musculoskeletal & Nervous System

- Gout
- Autoimmune Disease
- If yes, please explain (Eg., Lupus, Rheumatoid Arthritis) _____

Cancer

- Ever diagnosed with Cancer? Yes No
- Type of cancer _____
- Year Diagnosed _____ Physician _____
- Treatment _____

Other Medical Conditions not listed above

- Condition _____
- Year Diagnosed _____ Physician _____
- Treatment _____

IV. OB/GYN HISTORY (If applicable)

- Number of Pregnancies _____
- Natural Deliveries _____
- Cesarean sections _____
- Are you Menstruating, or Post-menopausal
- Have you had Tubal Ligation? Yes No
- Have you had Hysterectomy? Yes No

V. SURGICAL HISTORY

- Please list all of your previous surgical procedures
- Surgery _____ Year _____
- Surgery _____ Year _____
- Surgery _____ Year _____

- Have you ever had complication after surgery?
- Yes No If yes, describe _____

VI. CURRENT MEDICATIONS

Please list all prescribed and over-the-counter medications, including nutritional and herbal supplements you are currently using.

| | Medications | Dose | Frequency/day | Year Started | Purpose |
|----|-------------|------|---------------|--------------|---------|
| 1. | | | | | |
| 2. | | | | | |
| 3. | | | | | |
| 4. | | | | | |
| 5. | | | | | |
| 6. | | | | | |
| 7. | | | | | |

Name, telephone, address of your pharmacy _____

VII. ALLERGY INFORMATION

Please list any known allergies to medications:

Medication _____ Allergic Reaction _____

Medication _____ Allergic Reaction _____

Medication _____ Allergic Reaction _____

Medication _____ Allergic Reaction _____

VIII. SOCIAL HISTORY

Tobacco: Do you currently smoke tobacco? Yes No

If a current smoker, you have smoked an average of ____ cigarettes/day for ____ years

If a past smoker, you smoked an average of ____ cigarettes/day for ____ years and quit ____ years ago

Alcohol: Do you currently drink alcohol? Yes No

If yes, indicate type of alcohol _____ and number of drinks/week _____

If a past consumer, type of alcohol _____, number of drinks/week _____ and quit ____ years ago

Drugs: Have you ever used recreational drugs? Yes No

If yes, please indicate which and how long ago? _____

Occupation: Occupation _____ Employer _____ Years at this job _____

IX. FAMILY HISTORY

Has anyone in your family reacted adversely to anesthesia? Yes No

If yes, please explain: _____

Has anyone in your family had excessive bleeding after a surgery? Yes No

If yes, please explain: _____

X. PREVIOUS DIAGNOSTIC PROCEDURES

Please indicate the date for any diagnostic procedures within the last two years.

| <u>Test</u> | <u>Date</u> | <u>Test</u> | <u>Date</u> |
|---|-------------|---|-------------|
| <input type="checkbox"/> EKG | _____ | <input type="checkbox"/> Upper GI | _____ |
| <input type="checkbox"/> Chest X-Ray | _____ | <input type="checkbox"/> Upper Endoscopy | _____ |
| <input type="checkbox"/> Echocardiogram | _____ | <input type="checkbox"/> Colonoscopy | _____ |
| <input type="checkbox"/> Stress test | _____ | <input type="checkbox"/> CT Scan | _____ |
| <input type="checkbox"/> Cardiac Catheterization | _____ | <input type="checkbox"/> Abdominal Ultrasound | _____ |
| <input type="checkbox"/> Pulmonary Function Study | _____ | <input type="checkbox"/> Gastric Emptying Study | _____ |
| <input type="checkbox"/> Sleep Study | _____ | <input type="checkbox"/> Other: _____ | _____ |

How did you hear about us? _____

Which one of the choices best describes you?

- I am quite sure I want to have bariatric surgery soon, and I know what procedure: _____ (procedure)
- I am quite sure I want to have bariatric surgery soon, but not sure which procedure.
- I want to have bariatric surgery, but I am not sure when.
- I have not completely decided that I want bariatric surgery, but I am very eager to learn more.
- I am just not sure about bariatric surgery, and need some general information.

Has any family member or friend, or someone you know undergone Bariatric Surgery?

- Yes, Name type of surgery _____ No

Which of the following operations are you interested in?

- Laparoscopic Gastric Bypass Laparoscopic Sleeve Gastrectomy No preference Other _____

Please list any specific question or concern that you may have about your surgical procedure, so that we can address them during your consultation.

The information provided in this form is correct to the best of my knowledge.

Patient Name (please print)

Patient Signature

Date

Information reviewed by Dr. Zaré on ___/___/___ _____